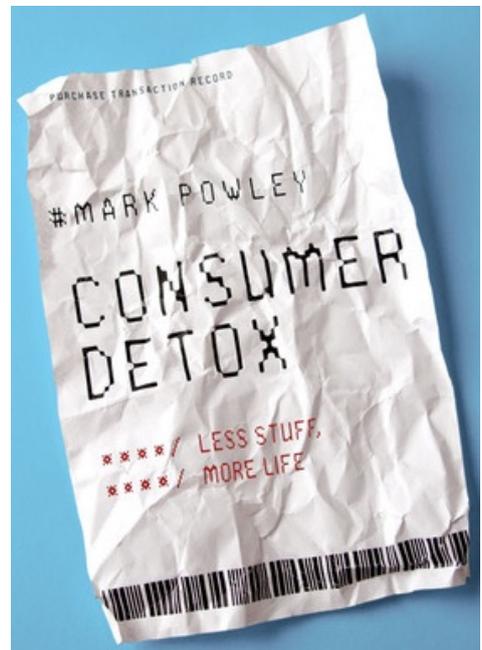


Week 4.

- Why are foundations important when building a house?
- Read Luke 6:46-49
- How might we build a solid foundation to enable our faith to flourish?
- Read the quote opposite and discuss what might constitute “things” as apposed to a “commodities” (e.g. home cooked food v fast food).
- What might be different about “things”?
- How might living in a deeper way be more demanding but ultimately more satisfying?
- What in our Western society and culture, might get in the way of thoughtful living?
- What steps might we take to practice thoughtful ‘deep’ living rather than thoughtless ‘shallow’ living?
- Read the list of ideas overleaf. Do you find any of them challenging? You might like to make your own list during the week.
- Consider how patience is also relevant in this context. Do you agree with the quote below?

‘The ability to wait is a mark of maturity. Waiting builds our soul capacity. It enables us to carry tension. The problems of life and the ups and downs of human relationships will demand this of us.’

- Pray together for deeper, more meaningful lives that give witness to God’s love.



Thoughtful Living.

‘A “thing” has a commanding presence. It is deep, rich, sensuous, real. A “commodity” is much less substantial. It is shallow, push button, undemanding, throwaway. The problem comes when our world becomes so full of commodities that they squeeze out the things that make life meaningful. Instead of a deep world of satisfying engagement, we end up with a shallow world of disposable stuff.’

Borgman in Pawley p. 158



Shallow Living - Deep / Thoughtful Living

Buy stuff - Make things

Throw away - Repair or recycle

Send an email - Meet for coffee

Fast food - Homemade Hospitality

DVD - Local entertainment

GPS - Ask directions / use a map

Couch Potato - Gardening / Exercise

Watching TV - Time with family

Surfing the web - Going to library

Social Media - Real conversations

Personality - Character

Celebrity - Community

Church hopping - Committed fellowship

Superficial spirituality - Wrestling with Bible & Prayer