

# Exploring Prayer 5 – Wonder!

*‘The wow moments in prayer.’*

This session explores the topic of wonder, how in prayer sometimes we just need to say ‘Wow’.

- How have you found praying in the last week? Share the most amazing thing you’ve ever seen.

When everyone has shared, watch *Exploring Prayer part 5: Wonder*

## Discussion

The following questions may help to guide the discussion:

- How did you feel about what the Archbishop shared?
- Was there a moment in the video that challenged you?
- Was there a moment that you particularly relate to?
- When did you last feel overwhelmed by God’s love?
- What places or things often make you go wow? How can you find more time to experience those places?
- ‘Wonder is being overwhelmed by the love of God’. Do you agree?
- Do you think of wonder as prayer?

## Bible

Read Psalm 8

- How does the psalmist express wonder?
- What reveals God’s glory to you?
- How could wonder feature more highly in your prayer life?

## Response

Use one of the ideas suggested by the Archbishop: sing some hymns or worship songs; sit with a candle and look at the flame, reflecting on the fact that Jesus is the light of the world and delighting in the fact that however dark our circumstance seems, nothing can ever put his light out; pick a Bible passage which inspires wonder, and read it slowly.

End by thinking about how you can continue to grow in prayer.